

COMMITTEE REFLECTION

FEBRUARY

Opening Prayer:

Gracious God—Father, Son, and Holy Spirit:

We are here to serve you, opening our hearts and minds to your guidance.

Help us to have the meekness of mind

to seek your thoughts over our own thoughts;

to have the humility of heart to seek one will—Your will;

to have the Serenity of the Spirit to let your peace be our peace,
no matter what transpires.

Help us to be your servants in this time.

Hear us as we pray the prayer Christ taught us:

Our Father, who art in heaven...

Hannah Whitall Smith,

The Christian's Secret of a Happy Life

To sum it all up, then, what is needed for happy and effectual service is simply to put your work into the Lord's hands, and leave it there. Do not take it to Him in prayer, saying, "Lord, guide me; Lord, give me wisdom; Lord, arrange it for me," and then rise from your knees, and take the burden all back and try to guide and arrange for yourself. Leave it with the Lord; and remember that what you trust to Him you must not worry over nor feel anxious about. Trust and worry cannot go together. If your work is a burden it is because you are not trusting it to Him. But if you do trust it to Him you will surely find that the yoke He puts on you is easy, and the burden He gives you to carry is light: and even in the midst of a life of ceaseless activity you shall "find rest to your soul."



Reflection Questions:

- *What is the essential message you hear in this passage, and how does it apply to your life?*
- *How willing are we to give God our burdens, in life and leadership, and how do we give them to God?*